

"The Best Me I Can Be"

SOCIAL EMOTIONAL LEARNING



About Reppin Resilience, LLC

Reppin Resilience, LLC offers Social Emotional Learning (SEL) lessons to children in a small group format. SEL fosters self-awareness, self-management, social awareness, relationship skills, and responsible decision-making.

Just as weight repetitions strengthen muscles, social emotional learning strengthens children's ability to cope with the challenges of life. Reppin Resilience, LLC was founded to teach children healthy coping skills and empower them to reach their full potential so they can rep resilience at home, school, and throughout the community.







Jessica Johnson, founder of Reppin Resilience, LLC is a Certified Child Life Specialist (CCLS), Certified Trauma and Resilience Practitioner. and SEL Specialist with over a decade of experience providing trauma-informed care to children in diverse settings. She worked as a **CCLS** at Cooper Hospital for six years supporting children and families facing significant healthcare challenges using developmentally appropriate education and play to reduce trauma, anxiety and pain. Jessica currently works as a Social Emotional Learning Specialist in the school system. Jessica also volunteers with Child Life Disaster Relief supporting children in the aftermath of natural disasters.

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Every child deserves to feel confident in who they are as well as their ability to manage life's challenges. In the "Best Me I Can Be" summer camp, children will learn social and emotional skills that will empower them towards a healthy relationship with themselves and others.

Reppin Resilience, LLC believes that every child is unique. Therefore, each session will be customized to the participants involved and will include a variety of activities, including games, music, and crafts to keep children engaged and having fun while learning valuable new skills.

Day 1 Feelings and Coping Skills

Day 2 Self-Esteem

Day 3 Growth Mindset & Resiliency

Day 4 Friendship Skills & Conflict Resolution

July 10-13 Grades 4-6

All sessions run Monday-Thursday 9:00-11:30AM Cost: \$300 for the week Location: "Paint a Treasure" Station Avenue Haddon Heights, NJ

Please bring a water bottle and a nut=free snack

Scan Here to register for camp!







reppinresilience.com



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